



# 'What if...' emergency plan

Professionals who support me

Use this sheet to write down details of professionals who currently support you – for example, Carer Support Officer, Hospice Nurse, Occupational Therapist, Community Matron or Case Manager.

*\*Please tick the 'consent' box, to show you have discussed and agreed what they can do and that they are happy for their details to be included in your 'What if...Plan'*

**Name** \_\_\_\_\_

**Role** \_\_\_\_\_

**Tel/Mobile(s):** \_\_\_\_\_

**Email** \_\_\_\_\_

**How they help:**

**Consent**

**Name** \_\_\_\_\_

**Role** \_\_\_\_\_

**Tel/Mobile(s):** \_\_\_\_\_

**Email** \_\_\_\_\_

**How they help:**

**Consent**

[www.devoncarers.org.uk](http://www.devoncarers.org.uk) | 03456 434 435

Devon Carers can be reached on a single point of access telephone helpline for carers 03456 434 435. Calls to 0345 cost no more than calls to geographic numbers (01 or 02) and must be included in inclusive minutes and discount schemes in the same way by your service provider. Devon Carers is a project of Carerstrust, a consortium of Action East Devon, Colab Exeter and Westbank, the lead agency. Westbank Community Health and Care, Farm House Rise, Exminster, EX6 8AT Reg. Charity 1119541. Company No. 6243811.



## 'What if... ' Plan



What do others  
need to know?

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Role \_\_\_\_\_

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