



'What if...' emergency plan

Services I use regularly

Use this sheet to write down details of all services you have in place to support you – for example this could be meal deliveries, care agency, a cleaner.

**Please tick the 'consent' box, to show you have discussed and agreed what they can do and that they are happy for their details to be included in your 'What if...Plan'*

Name _____

Role/Business _____

Tel/Mobile(s): _____

Email _____

How they help and when:

Consent

Name _____

Role/Business _____

Tel/Mobile(s): _____

Email _____

How they help and when:

Consent

Name _____

Role/Business _____

Tel/Mobile(s): _____

Email _____

How they help and when:

Consent

www.devoncarers.org.uk | 03456 434 435

Devon Carers can be reached on a single point of access telephone helpline for carers 03456 434 435. Calls to 0345 cost no more than calls to geographic numbers (01 or 02) and must be included in inclusive minutes and discount schemes in the same way by your service provider. Devon Carers is a project of Carers+, a consortium of Action East Devon, Colab Exeter and Westbank, the lead agency. Westbank Community Health and Care, Farm House Rise, Exminster, EX6 8AT Reg. Charity 1119541. Company No. 6243811.



'What if... ' Plan



What do others need to know?

'What if...' emergency plan
Services I use regularly

Name _____
Role/Business _____
Tel/Mobile(s): _____
Email _____
How they help and when: _____

Consent

Name _____
Role/Business _____
Tel/Mobile(s): _____
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